

Sonnet on Endurance

for Norma

Lyric and Music
by Nathan Howe

with optimism ♩ = 80

My Sa - vior is the Lord of out - stretched arms,
My Sa - vior is the Lord of hea - ling hands,
My Sa - vior knows the pains of ev - ery heart,

In - - vi - ting all to look to Him and live.
Though hea - ling may not hap - pen right a - way.
For He has felt the sting of e - very sin.

To reach Him, I must stand a - gainst the storms,
To work and wait and strive for all we can
He pro - mi - ses, if I will do my part,

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en - cou - raged by the peace I know he'll give.
will stretch our souls un - til the per - fect day.
He'll lift me up and lead me home a - gain.

The first system of musical notation consists of a treble and bass staff in G major. The treble staff contains the vocal line with lyrics, and the bass staff contains the piano accompaniment. The lyrics are: "en - cou - raged by the peace I know he'll give. will stretch our souls un - til the per - fect day. He'll lift me up and lead me home a - gain."

O Fa - ther, wilt thou help me to en - dure

The second system of musical notation continues the vocal and piano parts. The lyrics are: "O Fa - ther, wilt thou help me to en - dure". The system ends with a fermata over the final note of the vocal line.

The fire that will re - fine and make me pure!

The third system of musical notation concludes the piece. The lyrics are: "The fire that will re - fine and make me pure!". The system ends with a double bar line and repeat dots.